

PARISH NEWS



The Parish of Aldingbourne, Barnham & Eastergate

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IN THIS ISSUE

ABE SUMMER FAIR

SQUIRREL SCOUTS OPEN DAY

WELCOME TO THE LORD'S TABLE

www.parishofabe.org.uk

June 2026



**PARISH OF ALDINGBOURNE, BARNHAM
AND EASTERGATE
SERVICES FOR JUNE 2026**



Thursday 4	Corpus Christi 6.30pm Sung Mass and Benediction		St Mary's, Barnham
Saturday 6	Our Lady of Walsingham 9.30am Walsingham Cell Mass <i>with healing ministries</i>		St Mary's, Barnham
Sunday 7	Trinity 1/Week 10 8.30am Holy Communion 9am Mattins 9.30am Said Mass 10am All-age Communion 10am Parish Communion 11.15am Sung Mass 6pm Evensong	BCP BCP BCP	St George's, Eastergate St Mary's, Barnham St Mary's, Barnham St George's, Eastergate St Mary's, Aldingbourne St Mary's, Barnham St Mary's, Barnham
Friday 12	Sacred Heart 6.30pm Sung Mass and Litany		St Mary's, Barnham
Sunday 14	Trinity 2/Week 11 8.30am Holy Communion 9am Mattins 9.30am Said Mass 9.45am Sunday Seekers 10am Family Communion 10am Parish Communion 11.15am Sung Mass 6pm Evensong and Benediction	BCP BCP BCP	St George's, Eastergate St Mary's, Barnham St Mary's, Barnham Eastergate School St George's, Eastergate St Mary's, Aldingbourne St Mary's, Barnham St Mary's, Barnham
Sunday 21	Trinity 3/Week 12 8.30am Holy Communion 9am Mattins 9.30am Said Mass 9.45am Sunday Seekers 10am Family Communion 10am Parish Communion 11.15am Sung Mass 6pm Evensong	BCP BCP BCP	St George's, Eastergate St Mary's, Barnham St Mary's, Barnham Eastergate School St George's, Eastergate St Mary's, Aldingbourne St Mary's, Barnham St Mary's, Barnham
Sunday 28	Trinity 4/Ss Peter and Paul 8.30am Holy Communion 9am Mattins 9.30am Said Mass 9.45am Sunday Seekers 10am Family Communion 10am Parish Communion 11.15am Sung Mass 6pm Evensong	BCP BCP BCP	St George's, Eastergate St Mary's, Barnham St Mary's, Barnham Eastergate School St George's, Eastergate St Mary's, Aldingbourne St Mary's, Barnham St Mary's, Barnham

Other regular weekly services:

10am – Holy Communion every Wednesday at St George's, Eastergate
6pm – Evensong (BCP) every evening at St Mary's, Barnham
6:30pm – Mass every Tuesday at St Mary's, Barnham



LIVE JAZZ
with the
REGIS JAZZ BAND



PARISH OF ABE



Summer Fair

SATURDAY
13TH JUNE

11-3PM

Manor Farm, Church Lane
Eastergate, PO20 3UX

by kind permission of Paul Helyer

PLANT BARN, TRAIN RIDES
KIDS CORNER & BOUNCY CASTLE

BBQ & REFRESHMENTS

GRAND RAFFLE

HOMEMADE CAKES

MINIATURE RAILWAY DISPLAY



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Registered charity No: 1131523

The Parish of Aldingbourne, Barnham and Eastergate



Welcome to the Lord's Table

We are offering a course for young people that leads to First Communion. It is aimed at children from 7 years old (Year 2/3) onwards.

Children should be baptised before or at the First Communion Service in July. Please speak to Fr Paul if your child is not baptised.

The course will run outside Sunday Seekers but we encourage everybody on the course to come along on Sunday mornings.

We will meet for an **introduction on 7 June, after the All Age Service at St George's**. Parents are welcome to stay and find out what we are planning.

The 2 afternoon sessions are on

21 June and 5 July, 2.30-4.30pm at Eastergate School

Please leave your children with us but join for the last 15 mins so that the children can share our work with you.

12 July 2026
First Communion Service
at 10am at St George's



Please contact Fr Paul or Hedda Wells if you would like your child to take part or if you have further questions.

Fr Paul—paularmstead@btinternet.com — 01243 551566

Hedda Wells—chris.hedda@tiscali.co.uk — 07790 958984

www.parishofabe.org.uk

Registered charity No: 1131523



FATHER'S DAY

'If you want to know how well a person understands Christianity, find out how much they make of the thought of being God's child and having God as their Father.' (J. I. Packer, *Knowing God*)

This month, on Sunday 21 June, we celebrate the importance of fathers on Father's Day. A day that we didn't initially observe in my household as we grew up. Unlike Mothering Sunday, this doesn't have a distinctly Christian origin. However, whatever we think about its origins, it does provide an opportunity to celebrate God's Fatherhood and what it means for us.

At His baptism, when Jesus came out of the water: *'heaven was opened, and He saw the Spirit of God descending like a dove and alighting on Him. And a voice from heaven*

said, 'This is my Son, whom I love; with Him I am well pleased.' (Matthew 3:16,17). What do we learn about Jesus' relationship with His Father, our relationship with God and the role of fathers?

The Father's presence

When Jesus was baptised, the Father was present in the Holy Spirit. It's the Spirit who enables us to address God as daddy ('*abba*', Galatians 4:6) in an intimate way. God is present with us and understands our joys and sorrows, fears and trials. Dads should relate to their children like this.

The Father's love

The Father described His Son as '*beloved*'; like us, Jesus was the subject of God's unconditional love. Dads should assure their children of their undeserved love.

The Father's pleasure

The Father tells Jesus that He is '*well pleased*' with Him, as He embarked on His public ministry. We need to hear this as well, especially when we feel that we are disappointing God or letting Him down. We should also be aware of the effect of our words spoken to our children. Dads should be using every opportunity to demonstrate their pleasure in their children, especially when things go wrong.

With prayers and blessings,

Fr Paul

See page 7 for the latest news from the Parish of ABE

THINKING ABOUT A WEDDING OR CHRISTENING (BAPTISM) IN ONE OF OUR CHURCHES?

Contact our Parish Office on 01243 553955 for more information



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FROM THE REGISTERS

APRIL 2026

Funeral: We commit into God's loving care

29 April David Tomsett [91] (A)

DATES FOR THE DIARY

Events coming up in the Parish include:

- **6 June – Squirrels Open Event at Walberton Pavilion from 10-11am. An exciting launch from 1st Barnham Scouts for 4-5 year-olds (page 8)**
- **13 June – ABE Summer Fair at Manor Farm, Eastergate from 11am-3pm (page 3)**
- **18 June – A Bite to Eat (Parish Lunch) at Eastergate Village Hall from 12:30-2pm (page 7)**
- **20 June – Music at Murrells Field. Gates open at 5pm. Tickets from MAMF.uk. (page 19)**
- **4 July – Aldingbourne Family Fun Day at Olivers Meadow from 11am-6pm (page 18)**
- **4 October – Harvest Lunch at Barnham Community Hall**
- **6 November – ABE Fun Quiz at Barnham Community Hall**
- **5 December – Christmas Fair at Eastergate Village Hall**

PARISH LUNCH

A Bite to Eat (Parish Lunch) is on Thursday 18 June at Eastergate Village Hall. Please do come if you can to share in a simple lunch of homemade soup, bread, cheese, tea, coffee and biscuits with one another. We also enjoy the challenge of a light hearted quiz. All are welcome so please come along!

SUPPORT FUND

The Walberton, Binsted And West Barnham Support Fund has funds available to make grants to support those in financial hardship and live in those areas. If you or you know someone who might possibly be eligible then speak in confidence to Fr Paul or Rev Sheila.

RIDE & STRIDE

This year's Ride & Stride will take place on Saturday 12 September, A great opportunity to explore local historic churches!

Ride & Stride encourages participants to get sponsored to walk or ride (bike, horse, car, electric buggy) to as many churches across the county as possible.

50% of the funds raised goes to the participant's place of worship. The other 50% goes to the Sussex Historic Churches Trust. Contact Ben Allen or Tony Foot for details.

ALPHA EVENING

The eight-week Alpha Course held at St George's Eastergate finished in March.

The course allowed people to explore the Christian faith and the meaning of life.

The group felt they would like to continue to meet on an ad-hoc basis to continue looking at themes related to the course.

The first of these meetings will be held on Friday 26 June from 6-8pm at St George's Church.

The session will start with food (a great way to connect and get to know everyone there) and then be followed with a film and then a discussion on a topic to be confirmed closer to the time. It will be a very friendly space!

All are welcome – no need to have attended the Alpha Course earlier this year to attend ! If you'd like to come along, please email Rev Sheila at smhandaway@hotmail.co.uk and let her know.

ABE SUMMER FAIR

Saturday 13 June

I cannot quite believe that we will soon be at that time of year when we joyfully gather for the ABE Summer Fair on the grass and in the barns at Manor Farm Eastergate as well as our beautiful St George's Church. A wonderful time to gather as a community and celebrate community life together.

Can I express my thanks to Paul Helyer for his generous hospitality and welcome in allowing us to share his premises once again and making the whole area look so wonderful. I also want to express thanks to all who have been working so hard to make this a fun day for all generations, young and old, with plenty of entertainment for every one of us.

The proceeds from the fair help us maintain the life, work and witness of our three churches and maintaining our 1000 year old buildings for today and the future. For church (people and buildings) are both in and for the community in which we are built.

But above we look forward to having fun in the sun (it's always sunny on Fair Day I am told)

Please make a note that we will be doing all this again next year on Saturday 12 June 2027 – please put that in your diaries whilst you think about it!

Fr Paul

PCSO COME & MEET ME DATES

PCSO Caroline Wilson's next 'come and meet me' dates in the area are as follows:

3 June: 10:30-11:30am at Barnham Community Hall.

19 June: 10-11am at Westergate Co-Op on Westergate Street, Woodgate

7 July: 10:30-11:30am at Eastergate Village Hall.

20 July: 4-5pm at Westergate Co-Op on Westergate Street, Woodgate

5 August: 10:30-11:30am at Barnham Community Hall

26 August: 2-3pm at Westergate Co-Op, Westergate Street, Woodgate

SQUIRREL SCOUTS LAUNCH

1st Barnham Scout Group is excited to be making plans for the opening of a Squirrel Drey, for children aged 4 and 5 years old.

The group is hosting a free open event for families and anyone interested in volunteering on Saturday 6 June from 10-11am at the Pavilion, Walberton.

Full details and to register attendance head to www.1stbarnhamscouts.org.uk/squirrels

Squirrels

OPEN EVENT


Scouts
1st Barnham


Saturday 6th June 2026

At Squirrels, 4 & 5 year olds take part in outdoor activities, have fun, play games, earn badges, and so much more.


It's a brilliant opportunity for young people to take their first step into being part of Scouts, and it'll help everyone get ready for the adventure of school too.

We're planning to open a Squirrel Drey in Walberton. We're inviting children, parents and anyone interested in volunteering, to join us at our open event. Come have some fun and find out more!

 Saturday 6th June 2026

 10 to 11am

 The Pavilion, Walberton BN18 0PJ

 Register Online



PRAYER DIARY FOR JUNE

For our three church communities: We pray for the clergy who care for and minister to our three churches, that they may be refreshed and renewed daily by God's Spirit.

We also give thanks for all whose continued hard work enables our worship to run smoothly... for those who lead the services, the intercessions, who provide refreshments and for all the enthusiastic worshippers!

We also give thanks for those who provide this parish magazine each month as well as for those who continually refresh our website and our social media links.

For the wider community of ABE: We pray for all who volunteer in any capacity, especially those who care for those suffering from dementia and who are isolated in their own homes. We give thanks this month for all who provide activities in our three village halls.

We pray for continued support for the foodbank donation points in our local shops as many in our society are increasingly hard to make ends meet.

And we pray that people will welcome those moving into new homes in our area.

For our nation and the world: We pray for our police forces as they try to combat increasing anger and violence in our country and that, as they fight increasing racism of whatever kind, they will have the wisdom and manpower to be effective.

We pray that it will be a priority that all, both in our own country and the wider world, will have access to fresh water and reliable food supplies and we ask God's blessing on charity work in those areas.

And we continue to pray for peace and reconciliation in our world and for all world leaders who strive for that end.



EASTERGATE & BARNHAM

At our meeting this month, we were lucky to have one of our members show us how to make polymer clay bees and flowers. Making these took some real skill and patience but was all done with such fun and laughter!

Our book group met and had a very lively discussion on the book *The Names*. We started off our new lunch group with a lovely meal at *The Spur*, great food. A group also had an enjoyable evening at the cinema to see *Devil Wears Prada 2*. A trip out to *Tulley's Farm* to see the Tulips was really enjoyable luckily, we picked a sunny day for it.

Georgette Budhram



EASTERGATE FRIENDS

Recycle, reuse and reduce were the key themes of our May talk given by Roger Everitt, a member of WSCC Waste & Recycling Team. West Sussex is able to recycle 96% of its waste with nothing going into landfill which is to be applauded.

When considering reducing our waste, we should avoid having too much of something. Clothing is particularly difficult to reuse and recycle because so much goes into waste.

40% of general waste was food. Since food waste bins have been distributed in West Sussex general waste is now much cleaner and can be processed more easily.

We all have to be vigilant and responsible with our waste. Remember, all waste must be clean, dry and loose before going into bins!

Our walk this month took in the bluebell woods near Patching and the coffee meet-up

took place at Midpines.

Eastergate Friends meet on the second Monday each month between 10 and 12 at Eastergate Village Hall. We are a friendly group of ladies and welcome new visitors.

Debbie Mead



WESTERGATE

This month was Resolution Month and we had two resolutions to vote on this year.

One was that there should be adequate clean, free and accessible public toilets for women of all ages and abilities and the other was that the government should take action to reduce women's homelessness and improve the quality of temporary accommodation.

Both resolutions were discussed and then voted on. Both were voted for but with some discretion for our representative at the national annual meeting.

With our tea we had a selection of cakes. Each had an unusual ingredient and we had to guess what it was. It was hard and we felt obliged to try more than one slice of each.

There were also dishes of items such as crisps and biscuits for us to guess which was the original brand and which was the supermarket brand. It was all good fun. There was also a food quiz and a picture quiz of different food dishes. This all kept us busy as we tried, for instance, to remember which king gave his name to a potato. Yes it was an Edward, but which one?

Our next event is a coffee morning in the president's garden - more cake!

We meet in the Methodist Church Hall at 1pm on the second Tuesday of each month. Come and join us!

Catherine White-Aldworth

THE STORY BEHIND THE HYMN: LORD, FOR THE YEARS

Lord, for the years your love has kept and guided,
urged and inspired us, cheered us on our way,
sought us and saved us, pardoned and provided:
Lord for the years, we bring our thanks today.

Lord, for that word, the word of life which fires us,
speaks to our hearts and sets our souls ablaze,
teaches and trains, rebukes us and inspires us:
Lord of the Word, receive your people's praise.

*Lord, for our hopes, the dreams of all our living,
Christ and his kingdom one united aim;
Rulers and peoples bound in high thanksgiving,
Lord of our hopes, our trust is in your Name. ...

By Timothy Dudley Smith

This well-loved hymn was written in 1967 by the Revd Timothy Dudley Smith, who later became Bishop of Thetford. He later confessed: "I wrote it on a train when I was very pressed for time. I'm thankful if something I write gets picked up, but I suspect anyone who does something in a rush later regrets that they didn't find time to apply the sandpaper a bit more!"

Dudley Smith had been asked to write a hymn for the centenary service of the Children's Special Service Mission, now Scripture Union, in St Paul's Cathedral. His commission was to write words that could be fitted to Jean Sibelius's *Finlandia*, as it was to be accompanied by an orchestra with this tune in their repertoire. And so – 'Lord for the years' was written.

Dudley Smith need not have worried about lack of time – his lyrics were a 'hit' in the cathedral on the day, and went on to become so well-loved that George Carey chose the hymn to be sung at his consecration as

Bishop of Bath and Wells, and then again later, in 1991, on his consecration as Archbishop in Canterbury Cathedral.

The hymn continued to be widely sung and loved, until in 2002 Timothy Dudley Smith was asked to write an extra verse for it so that it could even be sung around the time of the Queen's Golden Jubilee.

Many of the words in the hymn were true for Queen Elizabeth herself. She would have celebrated her 100th birthday this April, and her 'official' birthday on the second Saturday in June. She did indeed thank God 'for the years Your love has kept and guided, urged and inspired us, cheered us on our way'...

And so indeed the 'extra' verse added for the Queen also held true:

Lord for our hopes, the dreams of all our living,
Christ and his kingdom one united aim,
Rulers and peoples bound in high thanksgiving,
Lord of our hopes, our trust is in your Name.



Timothy Dudley-Smith in 2020

Image: Hymn Society of Great Britain & Ireland via Wikimedia



DO YOU NEED TOTAL DARKNESS TO SLEEP?

According to followers of 'The Dutch Method', it is good to sleep with your curtains open.

That way, in the morning your bedroom slowly floods with natural light, which coincides with your circadian rhythm, the internal body clock that regulates your sleep cycle. Natural light also stops the production of melatonin (your sleep hormone) and triggers a natural rise in cortisol. That lets you know that the new day has begun. It is considered a gentle way to wake up.

Nevertheless, others of us prefer the curtains to be shut, and need pitch black to sleep.

Whichever you prefer, here are some tips on sleep and waking up.

- Natural light in the morning is good for you. It is better to go for a walk at the start of each day, rather than to head straight for your phone and computer.

- Melatonin levels decline as we get older, which makes it harder to fall and stay asleep.

- Our body clock can shift to earlier, leaving us sleepier at night, but more awake earlier in the morning.

- As we age, we become more sensitive to disruption during the night, and things like stress, life changes, noise or light can have a bigger impact.

- A good routine before sleep is essential. Aim for bed at the same time, empty your head with a to-do list for tomorrow, clear your thoughts, and relax.

OUR BRITISH BUMBLEBEES

Did you know we have about 270 kinds of bee in the UK, including 24 types of bumblebees? Here are just six of them:

Early Bumblebee: Found throughout the UK. Rather small, with distinctive lemon-yellow bands on thorax and abdomen, and an orange tail. An important pollinator of our soft fruit.

Common Carder Bee: One of our most common bees, and often still feeding in November. Fluffy, brown and orange, with sometimes darker bands on the abdomen.

Tree Bumblebee: Found in England and Wales, and recently Southern Scotland. A fuzzy bee, with brown-orange hairs on its thorax, a black abdomen, and a white tail.

Red-tailed Bumblebee: The female is very large, with a big red 'tail', while males are smaller.

Garden Bumblebee: A scruffy-looking large bee, with a long tongue and face. It has yellow bands at the collar, rear of the thorax and at the first segment of the abdomen, and the tip

of the tail is white.

Buff-tailed bumblebee: The biggest of our bumblebees, with a yellow collar near the head and another on the abdomen. The queen has a buff-coloured 'tail', while the workers have white 'tails' and black hair on their faces.

Be kind to our bees. They are in steady decline across the UK.



A male Common Carder Bee

HIGH DAYS & HOLY DAYS

1 June – Visit of the Blessed Virgin Mary to Elizabeth

Mary – the virgin mother of Jesus. For centuries, the Eastern and Western Churches have considered her pre-eminent among all the saints.

In the gospels, Mary makes her first appearance as a teenager. Nothing is known of her childhood, and what we do know of her is found mostly in Matthew 1 – 2 and in Luke 1 – 2. If you read both accounts, you'll notice

that Luke's account seems to give the story from Mary's standpoint, whereas Matthew concentrates more on Joseph's side of things. In both accounts the virginal conception of Christ is clearly stated. Mary's quiet devotion to God and her total acceptance of His will shine forth.

Her visit to Elizabeth, when both were pregnant, is a moving and poignant account of two humble, ordinary women, suddenly caught up in a great event that would shape world history. Their trusting faith in God and acceptance of His will, shine through.

After Jesus is born, Mary fades into the background, and makes few appearances: when the family visits Jerusalem and she loses her son on the way home; when she urges Him to help the wedding party in Cana with its wine problem; and when Jesus gives her into the keeping of the beloved disciple when He is dying on the cross. Mary's last appearance is in Acts chapter one, just before Pentecost.

Mary obviously joined the early Church, but her role was never one of teaching and preaching, and indeed she remained so much in the background that nothing more about her is known for certain. Both Ephesus and Jerusalem have claimed to be the place of her death.

Mary, chosen to be the mother of Jesus Christ, one who is both God and Man, holds a unique place in the history of mankind. Down the centuries that have followed, the Church has paid special honour to Mary – and well deserved it is. "All generations shall call me blessed..."

9 June – Ephrem the Syriac,



Image courtesy of the parish of San Michele Arcangelo, Carmignano via Wikimedia

The Carmignano Visitation by Pontormo

prolific hymn writer

Here is a saint for you, if you have ever been touched by the words of a song.

Ephrem the Syriac was born 306AD in Nisibis, Turkey. Baptised in 324, he joined the cathedral school in Nisibis, where it was soon obvious that he had an outstanding gift for writing both music and lyrics.

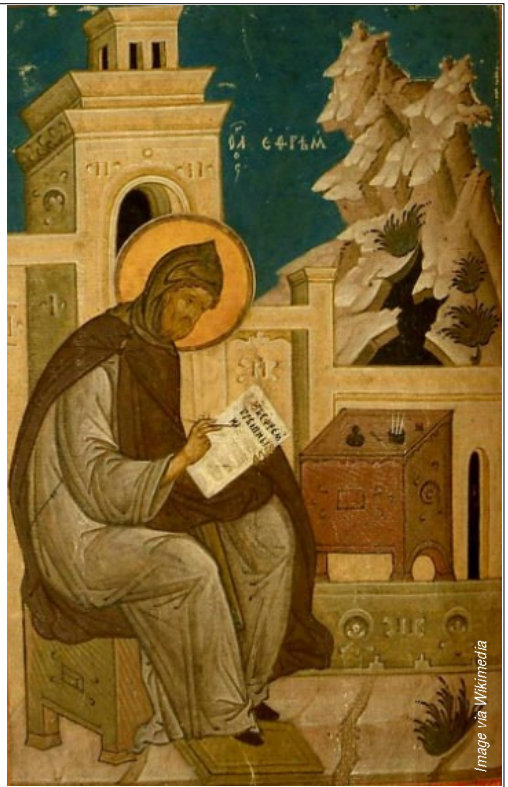
Ephrem would have agreed with St Paul about the value of using music to express our faith in God. In an age of widespread illiteracy, he saw that hymns could be powerful carriers of orthodox Christianity, even when sung by uneducated people.

And so Ephrem wrote – and wrote. His poetry was so powerful, and his melodies so evocative, that soon his hymns were spreading far and wide across the Roman Empire. And wherever they went, his hymns took the Christian gospel along with them.

Some of Ephrem's hymns were written to refute heretical ideas, while others praised the beauty of the life of Christ. To Ephrem, everything around us could become a reminder of the presence of God, and thus an aid to worship.

Ephrem became the most prolific and gifted hymn-writer in all of eastern Christianity. His hundreds of hymns influenced the later development of hymn-writing in both Syriac and Greek Christianity.

Ephrem was also a well-respected Christian theologian and writer, always keen to defend orthodoxy from the widespread heresies of the time. Ephrem stressed that Christ's



Ephrem the Syriac

perfect unity of humanity and divinity represented peace, perfection and salvation.

After Nisibis fell to the Turks in 363, Ephrem fled to Edessa, where he continued to work. But plague struck the city in 373, and while nursing others with the plague Ephrem finally died of it himself on 9th June. But his music lives on - more than 500 of his hymns still survive today.

SMILE LINES

Quiet prayers

The little boy was saying his go-to-bed prayers in a very low voice. "I can't hear you, dear," his mother whispered. "I wasn't talking to you," said the small one firmly.

Going somewhere

Older people often go to another room to get something, and when they get there, they stand there wondering what they came for. This is not a memory problem. It is God's way of helping older people get more exercise.

BARNHAM AND EASTERGATE COMMUNITY TRUST

The May sun is shining and long may it last! We look forward to welcoming you to our community halls – Eastergate Village Hall and Barnham Community Hall no matter what time of year. Both our buildings have many friendly events for you including the following:

- **Pop Up Shop Opportunities at Eastergate Village Hall on Tuesdays** during the busy coffee morning. £10 a table. Please contact Nina for more information.

- **Weekly Coffee Mornings:** Nina's Friendly Coffee Morning on Tuesdays at Eastergate Village Hall, 10am – midday (quiet space also available). On the last Tuesday of the month, we will now have a bacon/hash brown roll morning due to popular demand. There is also a coffee morning on Wednesdays at Barnham Community Hall, 10am – midday. Please note that on the 1st Wednesday of the month, Barnham Community Hall's Cutten Café will be open from 9am–3pm. As well as the usual delicious cakes and savouries, a light lunch will be on offer.

- **Friendly Foodie Fridays:** At 11:30am-1pm on the 2nd and 4th Fridays (12 and 26 June) in the Community Hub at the back of Eastergate Village Hall. We will have rescued/surplus food on offer to our community from our partners UK Harvest.

This amazing initiative is available to everyone. We accept cash donations but they are not compulsory. Please bring a bag.

This project is now sponsored by Nyton House Residential Care Home.

In the main hall we now have a **regular clothing and furniture swap** working with our partners West Sussex Recycles.

Please contact Nina for more information or should you want to help (details below).

- **Repair Café:** Held on the 2nd and 4th Fridays (12 and 26 June) at 10:30am-1pm in the main hall at Eastergate Village Hall. Offering light repairs by experienced volunteers. Bring items you can carry and pictures of ones you cannot. We look forward to seeing you! Contact Nina for more info.

- **Textile Workshops:** Wednesday 10 and 24 June at Barnham Community Hall from 10am-12noon. Contact Sally-ann for more info

- **Board and Card Games:** On the 1st and 3rd Wednesdays (3 and 17 June) in the Hub at Eastergate Village Hall. 7-9pm. £3pp including refreshments. Open for all ages 18+. Email roy@camcodesignltd.plus.com for more info.

- **Italian Fiesta:** On Thursday 4 June from 1-3pm at Barnham Community Hall (supported by Walberton Place Care Home). £10pp. Please contact Ali or Sally-ann to book (details below). *See page 21 for more info.*

- **Music at Murrell's Field (MAMF):** On Saturday 20 June MAMF welcomes Madonna tribute Jeni Jaye. Tickets £20, under 16s free. Order from MAMF.uk at Eastergate Village Hall from 12-4pm. *See page 19 for more info.*

Please keep an eye out on the local noticeboards, our Facebook pages and our website for more information barnhamandeastergatecommunitytrust.com.

Our motto is 'Together We Are Stronger' and we look forward to seeing you very soon.

All the staff and volunteers at Barnham and Eastergate Community Trust

For enquiries and more information please contact Nina-Maria McMaster on 07849 356097 or email nina@eastergatehall.org.uk (based at Eastergate Village Hall) or Ali Tarbard/Sally-ann Barker on 07714 456482 or email: events@barnhamcommunityhall.org (based at Barnham Community Hall).

ALL IN THE MONTH OF JUNE

It was... 250 years ago, on 11 June 1776 that the Second Continental Congress appointed John Adams, Benjamin Franklin, Thomas Jefferson, Robert R Livingston and Roger Sherman to create the first draft of the Declaration of Independence.

Also 250 years ago, on 11 June, that John Constable, British landscape artist, was born.

150 years ago, on 19 June 1876 that railway engineer Nigel Gresley was born. He designed some of the best-known steam locomotives in Britain, including the Flying Scotsman.

100 years ago, on 1 June 1926 that the American film actress Marilyn Monroe was born. Remembered for *Gentlemen Prefer Blondes*, *The Seven Year Itch*, and *Some Like it Hot*, among others. She died in 1962.

Also 100 years ago, on 10 June 1926 that Antoni Gaudi, Spanish architect died. Known for his unique Modernist style. Best remembered the Basilica de la Sagrada Familia in Barcelona.

80 years ago, on 8 June 1946 that the London Victory Celebrations following WW2 took place.

65 years ago, from 4 June to 9 November, that the Berlin Crisis of 1961 took place. It led to Berlin being partitioned and the erection of the Berlin Wall on 13 August.

50 years ago, from 23 June to 27 August, the 1976 British Isles Heat Wave took place. One of the hottest and driest summers on record.

30 years ago, on 4 June 1996 that the Second Severn Crossing was officially opened. The bridge spans the River Severn and links England and Wales via the M4 motorway.

Also 30 years ago, on 15 June 1996 that the centre of Manchester was devastated by an IRA bomb. 200 people were injured and the city centre had to be redeveloped because of the immense amount of damage.

Also 10 years ago, on 23 June 2016 that the UK European Union (EU) membership referendum was held. 52% of voters voted to leave the EU, and 48% voted to remain. The UK left the EU on 31 January 2020.



Antoni Gaudi's Basilica de la Sagrada Familia in Barcelona

REMEMBERING JOHN CONSTABLE

It was 250 years ago, on 11 June 1776, that artist John Constable was born.

Widely known as a painter in the Romantic tradition, Constable had a deeply conservative faith centred on the Church of England, which he viewed as an essential stabilising force in society. His paintings of Salisbury and of course Chichester Cathedral is regarded as a symbol of this.

Born in East Bergholt, Suffolk, to a wealthy corn merchant who owned Flatford Mill, he was expected to take over the business: although he was the second son, the eldest was regarded as incapable. But John Constable was always focused on painting, and the business was eventually taken over by his younger brother.

Constable enjoyed painting the areas he knew well – primarily those on the border of Suffolk

and Essex which is now known as Constable Country. “Painting is but another word for feeling,” he wrote to a friend. He regarded nature as a reflection of God’s creation and his own work as spiritual, though a tour of the Lake District in 1806 did not convince him of the attraction of mountains.

He is now highly valued, but he was never successful financially in his own lifetime, though he was elected to the Royal Academy at the age of 52. He was more popular in France than in England, but refused invitations to travel to promote his work, saying he would rather be a poor man in England than a rich man abroad.

After the death through tuberculosis of his wife Maria Bicknell at the age of 41, Constable became depressed: it had been a love match that triumphed over opposition from her wealthy relatives, and he was left a widower with seven young children. He continued to paint, but in a different style, darker and semi-abstract, but still compelling.

MARILYN MONROE

One hundred years ago, on 1 June 1926, the American film actress, model and sex symbol Marilyn Monroe was born.

Her original name was Norma Jeane Mortenson, and she was born in Los Angeles, spending much of her childhood in foster homes. She lived for a while with evangelical Christians Albert and Ida Bolender, as did her mother, Gladys Monroe. She married James Dougherty at the age of 16, and later Joe DiMaggio, the baseball star.

Marilyn suffered a great deal from endometriosis, and although she became pregnant on three occasions, she had no children. Her character was contradictory: she was probably bipolar, but combined an apparent naivety with an extremely shrewd business intelligence: some estimated her IQ

at a very high 165. She certainly had a spiritual side, but this was rarely obvious.

When she married Arthur Miller in 1956, she converted to Judaism because she identified with Jews as an oppressed group, a spiritual connection she retained after they divorced.

Monroe’s career in films started when she was spotted by a photographer while she was working in an aircraft factory. She was always seen as a pin-up, and it was an image she cultivated.

As far as politics were concerned, Monroe was a democrat, admiring Abraham Lincoln and giving her backing to civil rights. Her closeness to the Kennedy family – she was rumoured to have had brief affairs with both the president, JFK, and his brother Bobby – came at the end of her life. She died of a barbiturate overdose at her Los Angeles home.



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LATEST UPDATE

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THURSDAY	EVERY WEEK	BARNHAM, YAPTON, MIDDLETON-ON-SEA, FELPHAM	BOGNOR REGIS / TOWN CENTRE SHOPPING	AM
THURSDAY	EVERY WEEK	WALBERTON, FONTWELL	SOCIAL TRIPS / VARIOUS DESTINATIONS	PM
FRIDAY	EVERY WEEK	ALDINGBOURNE, EASTERGATE, WESTERGATE	BOGNOR REGIS / TOWN CENTRE SHOPPING	AM
FRIDAY	ONCE MONTHLY	BARNHAM, YAPTON, MIDDLETON-ON-SEA, FELPHAM	CHICHESTER / TOWN CENTRE SHOPPING	PM

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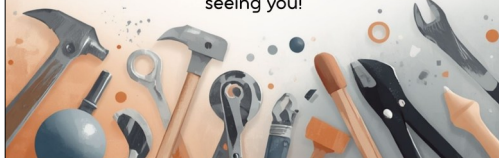
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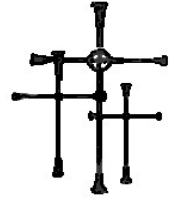
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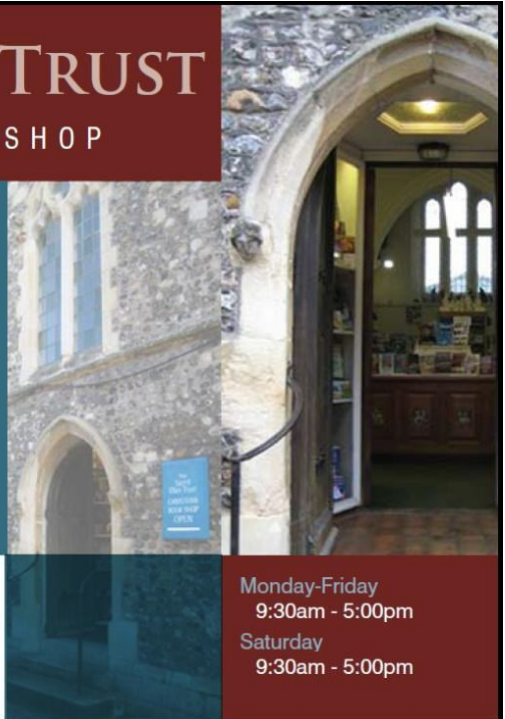
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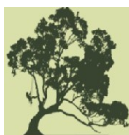


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The Parish Office is usually open on Monday mornings from 10am to 12noon as well as on the 1st and 3rd Tuesdays of the month from 10am-12noon and Friday mornings from 9am to 11am. Other times by appointment—please contact Fr Paul Armstead (details above)

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Aldingbourne and District Bowls Club	Lynn Kendall 01243 552033	Police Community Support Officer Caroline Wilson	caroline.wilson@sussex.police.uk
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