

Keeping in CONTACT in ABE

23 August 2026 - Trinity 12

WELCOME to church today especially if this is the first time you have been with us. Please make yourself known to our wardens and stay for refreshments at the end.

JAR OF COMPASSION 2026 Our partner for the jars this year is St Wilfrid's Hospice. Have you found your jar? The total amount so far is £1019.38.

RIDE AND STRIDE -12 SEPTEMBER It is not too early to be thinking about how you can take part or help with this day. Would you like to ride, stride or walk and raise funds jointly for the Sussex Historic Churches Trust and our parish? Or persuade someone else who you could then sponsor. It is those churches who raise money who are then able to submit grant applications (which we have done and been grateful recipients as a result).

CURRY NIGHT Friday 18 September - 7 for 7.30pm at Barnham Community Hall. Please bring your own drinks. The evening will also include a non-curry dish if that is your preference - specify when booking. Please book your tickets by **Friday 11 September**. Also there will be other things apart from food to enjoy! Contact Bradley on 07931527724 or bradley.smith@gmail.com

SOCIETY OF THE SISTERS OF BETHANY QUIET DAY on Tuesday 8 September at St Richards RC Church, Chichester from 10.30am - 3.30pm. For further details contact Eileen on 01243 552577

ALDINGBOURNE PRAYER ROOM from midday on Sunday 6 September to midday on the following Sunday, Aldingbourne church will be hosting a prayer room, hoping to offer daily continuous prayer! The idea is to sign up for an initial hour, usually between 8am until 8pm. The church will have a variety of prayer resources – pray through painting, through meditating, through writing, through building a cairn of stones of people who need prayer at this time....through listening to music, through singing, dancing, whatever helps you to communicate with God. This is just the tip of the iceberg - there is much more! Please contact Rev Susan (01243 696452) for more details and to book your prayer slot - and do invite your friends to sign up, too. (NB This is best experienced as a solo adventure, in order not to degenerate into chatting!)

NEXT SUNDAY'S READINGS

ALDINGBOURNE & EASTERGATE (Trinity 13)

Jer 15:15-21, Ps 26, Rom 12:9-21, Mt 16:21-28

BARNHAM (Trinity 13/Week 22)

Jer 20:7-9, Ps 63, Rom 12:1-2, Mt 16:21-27

This week's services

Sunday 23	Trinity 12/21st Sunday	
8.30am	Holy Communion (BCP)	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
10am	Parish Communion	Aldingbourne
10am	Family Communion	Eastergate
11.15am	Sung Mass	Barnham
6pm	Evensong (BCP)	Barnham

Tues 25	<i>Feria</i>	
6.30pm	Said Mass	Barnham

Wed 26	<i>Feria</i>	
10am	Holy Communion	Eastergate

Sunday 30	Trinity 13/22nd Sunday	
8.30am	<i>No service today</i>	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
10am	Parish Communion	Aldingbourne
10am	Family Communion	Eastergate
11.15am	Sung Mass	Barnham
6pm	Evensong (BCP)	Barnham

DATES FOR THE DIARIES

Sunday 13 September - St Mary's Aldingbourne Patronal Festival. Parish Communion at 10.30am followed by Bring and Share Lunch. Preacher - The Revd Ann Clarke

Thursday 17 September - Parish soup lunch at 12.30pm at Eastergate Village Hall resumes.

Friday 18 September - Curry Night at Barnham Community Hall *in aid of ABE funds*. See above for details

Friday 25 September - Concert 'Best of British' at St George's, Eastergate, *in aid of St Wilfrid's Hospice/ABE funds*

Sunday 4 October - Bring and share Harvest Lunch at 1pm at Barnham Community Hall. (BCH)

Friday 6 November - ABE Fun Quiz at 7pm at BCH

The Parish Office (Website: www.parihofabe.org.uk)
The Church in the Market Place, 35 Barnham Road, Barnham.
PO22 0ER. 01243-553955

For Parish Office opening times email the Office:
parishofabe@btinternet.com

Contact deadline - 12 noon on Wednesdays

Clergy contact:

Rector - Revd Canon Paul Armstead : 01243 551566
(paularmstead@btinternet.com) (*Rest day - Monday*)
For colleagues please see the Parish News

St Mary's Aldingbourne - Please contact Sarah Nichol on 07530 836172 or email sarahnicholpabe@gmail.com for any information about this church.

St Mary's Barnham - Please contact Bradley on 07931 527724 or bradley.smith4@gmail.com for further details of services.

St George's Eastergate - Please contact Colin on 07748 776253 or email cvmact1@outlook.com for more information, if needed.