

This week's services

Sunday 1	Presentation of the Lord/Epiphany 4	
8.30am	Holy Communion (BCP)	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
10am	All-age Communion	Eastergate
10am	Parish Communion	Aldingbourne
11.15am	Sung Mass	Barnham
12.30pm	Holy Baptism - <i>Arthur and Molly</i>	Aldingbourne
6pm	Evensong (BCP)	Barnham
6pm	Alpha Course	Eastergate

Mon 2	<i>Presentation of the Lord</i>	
6.30pm	Sung Mass	Barnham
	<i>Followed by a light supper</i>	

Tues 3	<i>Feria</i>	
6.30pm	Said mass	Barnham

Wed 4	<i>Feria</i>	
10am	Holy Communion	Eastergate

Sat 7	<i>Our Lady of Walsingham</i>	
9.30am	Said Cell Mass	Barnham

Sunday 8	2nd before Lent/5th Sunday/Sexagesima	
8.30am	Holy Communion (BCP)	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
9.45am	Sunday Seekers	Eastergate Sch
10am	Family Communion	Eastergate
10am	Parish Communion	Aldingbourne
11.15am	Sung Mass	Barnham
6pm	Evensong and Benediction	Barnham
6pm	Alpha Course	Eastergate

NEXT SUNDAY'S READINGS

ALDINGBOURNE & EASTERGATE (2nd before Lent)

Gen 1:1-2:3, Ps 136, Rom 8:18-25, Mt 6:25-34

BARNHAM (5th Sunday)

Isa 58:7-10, Ps 112, 1 Cor 2:1-5, Mt 5:13-16

Sunday Seekers meets on Sunday at 9.45am in Eastergate School and joins the church congregation towards the end of the service Further details from Hedda on 696811.

Play & Pray - Every Friday morning 10-11.30am in St. George's. For more details contact Hedda on 696811

St Mary's Aldingbourne - For more information contact Sarah Nichol on 543348 or email sarahnicholpabe@gmail.com

St Mary's Barnham - Please contact Bradley on 07931 527724 or bradley.smith4@gmail.com for further details of services.

St George's Eastergate - Please contact Gary on 552099 or email courtndage@outlook.com for more information, if needed.

The Parish Office (Website: www.parishofabe.org.uk)
The Church in the Market Place, 35 Barnham Road, Barnham.
PO22 0ER. 01243-553955

For Parish Office opening times email the Office:
parishofabe@btinternet.com

Contact deadline - 12 noon on Wednesdays

Clergy contact:

Rector - Revd Canon Paul Armstead : 551566
(paularmstead@btinternet.com) (Rest day - Monday)
For colleagues please see the Parish News



ABE CONTACT

1 February 2026 Presentation of the Lord/ Epiphany 4/Week 4

WELCOME to church today especially if this is the first time you have been with us. Please make yourself known to our wardens and stay for refreshments at the end.

JAR OF COMPASSION 2026 Our partner for the jars this year is St Wilfrid's Hospice. Have you found your jar? The total amount so far is £171.41.

FOODBANK collection points for the Bognor Foodbank at Tesco Express, Co-op and the Trading Post in Barnham. Alternatively you can order online at givetoday.co.uk/bognorfoodbank. The 5 items that they need currently are strong carrier bags, rice puddings, tinned meat, UHT orange juice and UHT milk or look at their website.

MAGAZINES for the month of February are available today for delivery and taking home. Please do make sure that you have your copy with you.

PALM CROSSES WANTED to convert to ash for the beginning of Lent. Please bring last year's or earlier years back to church so that they can be burnt and used for ashing to mark the start of our Lenten journey together.

CHICHESTER SSB 10 February 12-2pm, St. Richard's R.C. Church (off Market Way). An informal group of those connected with or interested in any Monastic Order. Details from Eileen 552577.

ALPHA COURSE continues this week 6pm at St George's Church. We pray for the 20 people who are making this journey together. Details from Rev Sheila.

DEANERY SYNOD meets on Thursday 12 February at St Mary's Yapton when there will be a presentation on Racial Justice by Vitalis Ngwambi, the diocese's first ever Racial Justice Co-ordinator, This is an open meeting for all who are interested to attend. Refreshments from 7pm and the meeting starts at 7.30pm and finishes before 9pm.

VALENTINA STAPLETON'S FUNERAL will take place on Tuesday 17 February at Noon at St George's followed by burial. At Vali's request, please wear comfortable clothes rather than black (if you wish). Donations to St Wilfrid's Hospice or the parish via the plate at the back of church.

You can donate to our ministry and mission by

- **Joining the Parish Giving Scheme (PGS)** details in each church or contact Chris Wells, Treasurer,
- **By card at the entrance to each church** by Goodbox (contactless) donations.
- **By cash in the Offertory plate during the service**

The Parish of ABE has to raise £2,200 (approx.) per week to meet the costs of ministry and mission and is grateful to everyone who works towards this. Please be generous.