

## This week's services

<b>Sunday 21</b>	<b>Trinity 3/12th Sunday</b>	
8.30am	Holy Communion (BCP)	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
10am	Parish Communion	Aldingbourne
10am	Family Communion	Eastergate
11.15am	Sung Mass	Barnham
6pm	<i>no service</i>	Barnham
<b>Tues 23</b>	<i>Feria</i>	
6.30pm	Said Mass	Barnham
<b>Wed 24</b>	<i>Birth of S John the Baptist</i>	
10am	Holy Communion	Eastergate
<b>Sat 27</b>	<i>Feria</i>	
11.30am	Burial of ashes - <i>Jane Simkins</i>	Eastergate
1.30pm	Wedding - <i>Adam and Leah</i>	Eastergate
<b>Sunday 28</b>	<b>Trinity 4/12th Sunday/Ss Peter and Paul</b>	
8.30am	Holy Communion (BCP)	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
10am	Parish Communion	Aldingbourne
10am	Family Communion	Eastergate
11.15am	Sung Mass	Barnham
6pm	Evensong (BCP)	Barnham

## NEXT SUNDAY'S READINGS

### ALDINGBOURNE & EASTERGATE (Trinity 4)

Jer 28:5-9, Ps 89, Rom 6:12-23, Mt 10:40-42

### BARNHAM (Trinity 4/Ss Peter and Paul)

Acts 12:1-11, Ps 125, 2 Tim 4:6-8, 17-18, Mt 16:13-19

**Sunday Seekers meets on Sunday at 9.45am in Eastergate School and joins the church congregation towards the end of the service Further details from Hedda on 696811.**

**Play & Pray - Every Friday morning 10-11.30am in St. George's. For more details contact Hedda on 696811**

**St Mary's Aldingbourne** - For more information contact Sarah Nichol on 07530 836172 or email sarahnicholpabe@gmail.com

**St Mary's Barnham** - Please contact Bradley on 07931 527724 or [bradley.smith4@gmail.com](mailto:bradley.smith4@gmail.com) for further details of services.

**St George's Eastergate** - Please contact Colin on 07748 776253 or email [cvmact1@outlook.com](mailto:cvmact1@outlook.com) for more information, if needed.



## ABE CONTACT

**21 June 2026**  
**Trinity 3**

**WELCOME** to church today especially if this is the first time you have been with us. Please make yourself known to our wardens and stay for refreshments at the end.

**JAR OF COMPASSION 2026** Our partner for the jars this year is St Wilfrid's Hospice. Have you found your jar? The total amount so far is £774.21

**FOODBANK** collection points for the Bognor Foodbank at Tesco Express, Co-op and the Trading Post in Barnham. Alternatively you can order online at [givetoday.co.uk/bognorfoodbank](http://givetoday.co.uk/bognorfoodbank). The 5 items that they need currently are tinned fruit, biscuits, pasta sauces, tinned vegetables and UHT milk or look at their website.

**CHICHESTER SSB** Wednesday 24 June 5pm St Olav's Bookshop. A time of prayer and discussion for anyone connected with or interested in any religious order. Details from Bradley or Eileen (01243 552577). (8 Sept - SSB Oblates host a Quiet Day in Chichester)

**ALPHA COURSE - THE NEXT EVENING** 'How can I make the most of the rest of my life' is on Friday 26 June from 6-8pm in St George's Church, Eastergate. Refreshments, film and discussion. All are welcome (even if you did not attend the course)

**SUMMER FAIR** A huge thank you to all of those who worked so hard before, during and after the Summer Fair on a farm that looked perfect thanks to Paul Helyer and team. Thank you too to those who came. What a fantastic day we had and we were so lucky with the weather. The engagement with our community was so valuable and a joy to behold. The financial boffins are working very hard behind the scenes to arrive at a final result and we will let you have that very soon. But I can say that they are smiling still. *Fr Paul*

**The Parish Office** (Website: [www.parihofabe.org.uk](http://www.parihofabe.org.uk))  
The Church in the Market Place, 35 Barnham Road, Barnham.  
PO22 0ER. 01243-553955  
**For Parish Office opening times email the Office:**  
[parihofabe@btinternet.com](mailto:parihofabe@btinternet.com)  
**Contact deadline - 12 noon on Wednesdays**  
**Clergy contact:**  
Rector - Revd Canon Paul Armstead : 551566  
([paularmstead@btinternet.com](mailto:paularmstead@btinternet.com)) (Rest day - Monday)  
For colleagues please see the Parish News

### You can donate to our ministry and mission by

- **Joining the Parish Giving Scheme (PGS)** details in each church or contact Chris Wells, Treasurer,
- **By card at the entrance to each church** by Goodbox (contactless) donations.
- **By cash in the Offertory plate during the service**

The Parish of ABE has to raise £2,200 (approx.) per week to meet the costs of ministry and mission and is grateful to everyone who works towards this. Please be generous.