

PARISH NEWS



The Parish of Aldingbourne, Barnham & Eastergate

£1

IN THIS ISSUE

SUMMER REST

NEWS FROM OUR COUNCILS

NATIONAL ALLOTMENT WEEK

www.parishofabe.org.uk

August/September 2026



PARISH OF ALDINGBOURNE, BARNHAM AND EASTERGATE

SERVICES FOR AUGUST 2026



Saturday 1	Our Lady of Walsingham		
	9.30am Said Mass		St Mary's, Barnham
Sunday 2	Trinity 9/18th Sunday		
	8.30am Holy Communion	BCP	St George's, Eastergate
	9am Mattins	BCP	St Mary's, Barnham
	9.30am Said Mass	BCP	St Mary's, Barnham
	10am All-age Communion		St George's, Eastergate
	10am Parish Communion		St Mary's, Aldingbourne
	11.15am Sung Mass		St Mary's, Barnham
	6pm Evensong	BCP	St Mary's, Barnham
Thursday 6	Transfiguration of the Lord		
	6.30pm Said Mass		St Mary's, Barnham
Sunday 10	Trinity 10/19th Sunday		
	8.30am Holy Communion	BCP	St George's, Eastergate
	9am Mattins	BCP	St Mary's, Barnham
	9.30am Said Mass	BCP	St Mary's, Barnham
	10am Family Communion		St George's, Eastergate
	10am Parish Communion		St Mary's, Aldingbourne
	11.15am Sung Mass		St Mary's, Barnham
	6pm Evensong and Benediction		St Mary's, Barnham
Saturday 15	Assumption of the Blessed Virgin Mary		
	Noon Sung Patronal Mass		St Mary's, Barnham
	followed by lunch.		
	Preacher: The Ven Tom Carpenter		
Sunday 16	Trinity 11/20th Sunday		
	8.30am Holy Communion	BCP	St George's, Eastergate
	9am Mattins	BCP	St Mary's, Barnham
	9.30am Said Mass	BCP	St Mary's, Barnham
	10am Family Communion		St George's, Eastergate
	10am Parish Communion		St Mary's, Aldingbourne
	11.15am Sung Mass		St Mary's, Barnham
	TBC Evensong w. Holy Spirit	Southsea	St Mary's, Barnham
Sunday 23	Trinity 12/21st Sunday		
	8.30am Holy Communion	BCP	St George's, Eastergate
	9am Mattins	BCP	St Mary's, Barnham
	9.30am Said Mass	BCP	St Mary's, Barnham
	10am Family Communion		St George's, Eastergate
	10am Parish Communion		St Mary's, Aldingbourne
	11.15am Sung Mass		St Mary's, Barnham
	6pm Evensong		St Mary's, Barnham
Sunday 30	Trinity 13/22nd Sunday		
	8.30am No service		St George's, Eastergate
	9am Mattins	BCP	St Mary's, Barnham
	9.30am Said Mass	BCP	St Mary's, Barnham
	10am Family Communion		St George's, Eastergate
	10am Parish Communion		St Mary's, Aldingbourne
	11.15am Sung Mass		St Mary's, Barnham
	6pm Evensong		St Mary's, Barnham

Other regular weekly services:

10am – Holy Communion every Wednesday at St George's, Eastergate
 6pm – Evensong (BCP) every evening at St Mary's, Barnham
 6:30pm – Mass every Tuesday at St Mary's, Barnham



PARISH OF ALDINGBOURNE, BARNHAM AND EASTERGATE

SERVICES FOR SEPTEMBER 2026



Saturday 5	Our Lady of Walsingham		
	9.30am	Said Mass & Healing Ministries	St Mary's, Barnham
Sunday 6	Trinity 14/23rd Sunday		
	8.30am	Holy Communion	BCP St George's, Eastergate
	9am	Mattins	BCP St Mary's, Barnham
	9.30am	Said Mass	BCP St Mary's, Barnham
	10am	All-age Communion	St George's, Eastergate
	10am	Parish Communion	St Mary's, Aldingbourne
	11.15am	Sung Mass	St Mary's, Barnham
	6pm	Evensong	BCP St Mary's, Barnham
Sunday 13	Trinity 15/24th Sunday/Nativity of the BVM		
	8.30am	Holy Communion	BCP St George's, Eastergate
	9am	Mattins	BCP St Mary's, Barnham
	9.30am	Said Mass	BCP St Mary's, Barnham
	9.45am	Sunday Seekers	Eastergate School
	10am	Family Communion	St George's, Eastergate
	10.30am	Parish Communion	St Mary's, Aldingbourne
		Followed by Bring and Share Lunch	
	11.15am	Sung Mass	St Mary's, Barnham
	6pm	Evensong and Benediction	St Mary's, Barnham
Monday 14	Holy Cross Day		
	6.30pm	Said Mass	St Mary's, Barnham
Sunday 20	Trinity 16/25th Sunday		
	8.30am	Holy Communion	BCP St George's, Eastergate
	9am	Mattins	BCP St Mary's, Barnham
	9.30am	Said Mass	BCP St Mary's, Barnham
	9.45am	Sunday Seekers	Eastergate School
	10am	Family Communion	St George's, Eastergate
	10am	Parish Communion	St Mary's, Aldingbourne
	11.15am	Sung Mass	St Mary's, Barnham
Sunday 27	Trinity 17/26th Sunday		
	8.30am	Holy Communion	BCP St George's, Eastergate
	9am	Mattins	BCP St Mary's, Barnham
	9.30am	Said Mass	BCP St Mary's, Barnham
	10am	Family Communion	St George's, Eastergate
	10am	Parish Communion	St Mary's, Aldingbourne
	11.15am	Sung Mass	St Mary's, Barnham
	2.30pm	Messy Church	Eastergate School
	6pm	Evensong	BCP St Mary's, Barnham

Other regular weekly services:

10am – Holy Communion every Wednesday at St George's, Eastergate
 6pm – Evensong (BCP) every evening at St Mary's, Barnham
 6:30pm – Mass every Tuesday at St Mary's, Barnham

Barnham & Eastergate Parish Council



GRANT FUNDING



NOW OPEN FOR CHARITABLE AND NON-PROFIT LOCAL ORGANISATIONS OR COMMUNITY GROUPS

The Council's Grants Scheme supports our thriving community by providing financial assistance to voluntary and community organisations that deliver services and activities for the benefit of local residents.

Closing date for all applications Friday 21st August

**For criteria and an application form please email
Assistant Clerk (Community) of the Council**

Mrs Nina-Maria McMaster:

assistantclerk@barnhamandeastergate-pc.gov.uk

Tel: 07849 356097





SUMMER HOLIDAYS

The story is told of porters who were hired to carry a group's possessions on a jungle safari. The pace increased until the head porter called a halt: *'We've come so far, so fast we need to take a break and allow our souls to catch up with our bodies!'*

How often do we feel like this? August and September are months when many of us take time off. Jesus and His disciples often made 'strategic withdrawals' from the crowds: 'because so many people were coming and going that they did not even have a chance to

eat, Jesus said to them, *"Come with Me by yourselves to a quiet place and get some rest"*. (Mark 6: 31,32).

Jesus saw how tired and stressed His disciples were and wanted to give them a break in their busy lives. He loved them and cared about their wellbeing. He longs to do the same with us, so that we can restore the balance of work, rest and play in our lives. Going on holiday or stopping doing what our normal routine demands of us; gives us the opportunity to take time off, to let go the burdens that we carry every day and receive again His rest for our souls: *'Come to Me, all you who are weary and burdened, and I will give you rest.'* (Matthew 11:28).

The story is told of the aged Apostle John playing with doves. A passing hunter expressed surprise at what a man as pious as John was doing. John pointed to the bow in the hunter's hand and asked him why he carried it with a loosened string. The hunter replied, 'it loses its strength unless it is given the chance to unbend'. John replied, *'why are you surprised that a servant of Christ should not relax to keep himself stronger for his work?'*

However you may be taking rest during the summer, may it be a time of relaxation, re-creation, renewal and, of course, rest.

Fr Paul

*See page 7 for the latest news
from the Parish of ABE*

THINKING ABOUT A WEDDING OR CHRISTENING (BAPTISM) IN ONE OF OUR CHURCHES?

Contact our Parish Office on 01243 553955 for more information



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FROM THE REGISTERS

JUNE 2026

Weddings: We pray for the following couples married in our Churches

- 6 June Liam Nally and
Anna Denholm (B)
27 June Adam Bellchambers and
Leah Pilbrow (E)

Baptisms: We welcome into the fellowship of the Church

- 7 June Milo Cordova-Bone (A)
14 June Hudson O'Connor (A)

Funerals: We commit into God's loving care

- 17 June David Tomsett (Ashes) (A)
27 June Jane Simkins (Ashes) (E)
29 June Baby Morgan Boulding (E)

DATES FOR THE DIARY

Events coming up in the Parish include:

- **12 September – Ride & Stride**
(page 7)
- **17 September – A Bite to Eat**
(Parish Lunch) at Eastergate
Village Hall from 12:30-2pm
- **4 October – Harvest Lunch at**
Barnham Community Hall
- **6 November – ABE Fun Quiz at**
Barnham Community Hall
- **5 December – Christmas Fair at**
Eastergate Village Hall
- **12 June 2027 – ABE Summer Fair**

PARISH LUNCH

The Parish Lunch (A Bite to Eat) is on its summer holidays and restarts again on Thursday 17 September. Please do come and join us for a light soup lunch, quiz, raffle and good company.

PATRONAL FESTIVALS

Our St Mary's churches celebrate their patronal festivals during the summer months.

- **St Mary's, Barnham**, will celebrate on Saturday 15 August with a Sung Mass at Noon followed by a lunch. We are delighted that The Venerable Tom Carpenter is preaching that day. Fr Tom is the Archdeacon of Chichester, therefore our Archdeacon.
- **St Mary's, Aldingbourne**, will celebrate their patronal feast day on Sunday 13 September with the Parish Communion at 10.30am that day which will be followed by a bring and share lunch.

Please do support each church on its festival day.

DATE FOR THE DIARY

After all our Harvest Festivities at the churches on Sunday 4 October there will be a Harvest Lunch at Barnham Community Hall starting at 1pm. Please put this in your diaries and we will let you have more details nearer the time.

SUPPORT FUND

The Walberton, Binsted And West Barnham Support Fund has funds available to make grants to support those in financial hardship and live in those areas.

If you or you know someone who might possibly be eligible then speak in confidence to Fr Paul or Rev Sheila.

RIDE & STRIDE

This year's Ride & Stride will take place on Saturday 12 September, A great opportunity to explore local historic churches!

Ride & Stride encourages participants to get sponsored to walk or ride (bike, horse, car, electric buggy) to as many churches across the county as possible.

50% of the funds raised goes to the participant's place of worship. The other 50% goes to the Sussex Historic Churches Trust. Contact Ben Allen or Tony Foot for details.

CHURCHYARD WORKING PARTY

There will be a Churchyard working party at St George's Church on Saturday 8 August, from 10am to 1pm. The aim is to trim, tidy and improve, wherever there are jobs to be done. Volunteers will be much appreciated, please!

Refreshments will be provided. Please bring some gardening tools and gloves - and some suitable weather!

PRIZE-WINNING POOCH

Once again, a dog in Anne and Tony Wheatley's family won a prize in the Grand Summer Raffle! This year it was the turn of proud Russet, the dearly beloved pet of their granddaughter, Rosa.



PRAYER DIARY FOR AUGUST AND SEPTEMBER

For our three church communities: We give thanks for our summer fair and for the hard work of many volunteers across our three church communities; for how successful and enjoyable it was in bringing together all the ABE community. We give thanks for the recent pilgrimage to Walsingham and for the deepening of faith it has given the pilgrims. We give thanks for the housegroups that meet, and pray that when they recommence in the Autumn newcomers will be welcomed and our fellowship deepened.

We remember in our prayers who find it difficult to get to church services and pray that we be sensitive to their needs and keep in touch.

For the wider community of ABE: We pray for the safety and refreshment for all those on holiday during these months, especially the

hard working teachers in our schools. We pray for all our young people who will be starting in new schools in September or are off to college or the world of work.

We pray that newcomers to our area will be drawn in to the local activities provided by our community halls in the Autumn.

For our nation and the world: We pray that wisdom and true concern for our nation will prevail in the turbulence of our national political life.

As the USA celebrates the 250th anniversary of independence we pray for wisdom for its leadership, for Senate and Congress, also for direction in its relationships with other nations.

We pray for the people of Venezuela reeling from the devastation caused by recent earthquakes; for its government and that the nations of the world will self sacrificially provide help for all who are suffering.

INTERCESSIONS

Intercessions focus entirely on the needs of others. They are public prayers, not centred on 'me' but on the wider world. They gather the concerns of the Church, the world, our community, those in need, and those who have died, along with those who mourn and as a whole congregation we bring them before God. Each section concludes with a response such as Lord, in your mercy or Lord, hear us.

They are not a time to slip in a couple of adverts for next week's summer fair and a prayer for enough volunteers to come forward or to tell the congregation of someone's ill health or funeral arrangements!

These prayers usually follow that order as there is then a clear pattern that helps the congregation engage. We may begin broadly with the world and move towards the local

and personal, or we can start close to home and widen our view.

For example, with a theme such as farming, intercessions might include churches in rural communities worldwide, countries dependent on food production, government ministers responsible for agriculture and fisheries, local farmers and food workers, and those in need or recently bereaved within the community.

Style matters as much as content. These are the prayers of the people, so they should use language that feels natural and accessible. Often, simplicity works best.

This month, Listen carefully to the intercessions when you attend a service. Do they follow a clear, engaging pattern? Is the language accessible? Which prayers stay with you through the week? Who leads them? Is this something that I could be on the rota for?



EASTERGATE & BARNHAM

We are well into the Village Fair season. We enjoyed taking part in both the Barnham and Walberton fairs, thankfully the sun shone at both! Really great to see some of our members winning prizes at the Walberton Show. At our last meeting we were given a talk on the Women of Wiston House, a local landmark with such history. At our meeting this month we will be joined by the Cut Flower Garden, giving all of our members the opportunity to make a hand tied bouquet. We move into August looking forward to our yearly garden picnic, hoping for sunshine.

Georgette Budhram



WESTERGATE

Owing to how the dates work in July, I am writing this before we have had our monthly meeting, but we have had a visit to the Aviary Garden in Bognor. Although not large, this garden was full of many plants, some of

them unusual. There were paths to walk around the beds but no lawn. It didn't need one as there were places to sit and cool off in the sea breeze. There were some surprises as well such as a huge giraffe with long eyelashes. There was also a large cage of finches of many different colours. We could hear them singing sweetly as we had our tea on the patio and by the way the scones were delicious and very fresh giving our W.I. a run for its money.

The committee have been planning events for the rest of the year including, would you believe, planning for Christmas, which felt rather odd in the middle of a heatwave.

We are hoping to have a trip on the Solar Boat but it will depend on whether our dates coincide with the tides. Something to look forward to.

In the meantime volunteers from the committee will continue to research local venues for visits and lunches. Such a hardship!

We love meeting new people so do join us. We meet at the Methodist Church Hall on the 2nd Tuesday of each month at 1pm.

Catherine White-Aldworth

SMILE LINES

Where are we?

When Columbus started out, he didn't know where he was going. When he got there, he didn't know where he was. When he got back, he didn't know where he had been. And he did it all on other people's money. Can't help thinking that Columbus reminds me of some teenagers who go on family holidays...

Sky at night

The scientific theory that I like best is that the rings of Saturn are composed entirely of lost airline luggage.

Smart car

A clergy friend of mine bought a new car that sported an on-board computer. On Sunday morning he got into the car to drive to church, and the digital display lit up. Glancing at the readout, he chuckled at the announcement: "Time for service."

NEWS FROM OUR COUNCILS



BARNHAM & EASTERGATE PARISH COUNCIL

The below is a summary from the draft minutes of the Full Council meeting held on 2 June 2026.

The Parish Council recently welcomed a new Clerk & responsible financial officer, James Roberts, who started in May 2026.

At its meeting on 2 June 2026, Barnham & Eastergate Parish Council reviewed a number of community improvement projects and agreed to move forward with further planning work.

Priority projects include improvements to Barnham Community Hall, the proposed Eastergate Village Hall extension and Men's Shed, replacement of the Eastergate Village Hall roof, new outdoor gym equipment and enhanced security at Murrell's Field, alongside improvements to the Barnham Community Hall patio area.

Councillors also approved £3,000 of Community Infrastructure Levy (CIL) funding for additional benches and planters at Murrell's Field.

The Council received positive updates on local community facilities, with both Barnham Community Hall and Eastergate Village Hall continuing to host a wide range of successful events and activities.

Councillors noted the significant improvements to the community offer across both venues over the past three years. The waste prevention activities funded through a West Sussex County Council grant have proved particularly popular and are expected

to continue through the Barnham & Eastergate Community Trust.

Murrell's Field was officially reopened in May following improvement works funded through Section 106 contributions, with many positive comments received from residents. Investment was approved for Eastergate Playing Field, where repairs and the installation of a replacement playground swing will be carried out.

Councillors also adopted updated Data Protection, Complaints and Vexatious Complaints policies and received updates on planning matters, environmental projects and communications. Volunteers and community groups continue to support local improvements, including the planting of 1,000 snowdrops with the Barnham Guides and ongoing work to improve public spaces around the Parish.

Six new bus shelters have been installed in the Parish, a project funded by West Sussex County Council.

James Roberts

clerk@barnhamandeastergate-pc.gov.uk



A social post announcing the new bus shelters across the Parish

BARNHAM AND EASTERGATE COMMUNITY TRUST

The August sun is warming us all – we hope it lasts for a long time! We look forward to welcoming you to our community halls - Eastergate Village Hall and Barnham Community Hall no matter what time of year. Both our buildings have many friendly events for you including the following:

- **Pop Up Shop Opportunities at Eastergate Village Hall on Tuesdays** during the busy coffee morning. £10 a table. Please contact Nina for more information.

- **Weekly Coffee Mornings:** Nina's Friendly Coffee Morning on Tuesdays at Eastergate Village Hall, 10am – midday (quiet space also available). On the last Tuesday of the month, we will now have a bacon/hash brown roll morning due to popular demand. There is also a coffee morning on Wednesdays at Barnham Community Hall, 10am – midday. Please note that on the 1st Wednesday of the month, Barnham Community Hall's Cutten Café will be open from 9am–3pm. As well as the usual delicious cakes and savouries, a light lunch will be on offer.

- **Friendly Foodie Fridays:** At 11:30am-1pm on the 2nd and 4th Fridays in the Community Hub at the back of Eastergate Village Hall. We will have rescued/surplus food on offer to our community from our partners UK Harvest.

This amazing initiative is available to everyone. We accept cash donations but they are not compulsory. Please bring a bag.

This project is now sponsored by Nyton House Residential Care Home.

In the main hall we now have a **regular clothing and furniture swap** working with our partners West Sussex Recycles.

Please contact Nina for more information or should you want to help (details below).

- **Repair Café:** Held on the 2nd and 4th Fridays at 10:30am-1pm in the main hall at Eastergate Village Hall. Offering light repairs by experienced volunteers. Bring items you can carry and pictures of ones you cannot. We look forward to seeing you! Contact Nina for more info.

- **Textile Workshops:** Held on the 2nd and 4th Fridays of the month at Barnham Community Hall from 10am-12noon. Contact Sally-ann for more info

- **Board and Card Games:** On the 1st and 3rd Wednesdays in the Hub at Eastergate Village Hall. 7-9pm. £3pp including refreshments. Open for all ages 18+. Email roy@camcodesignltd.plus.com for more info.

- **Veterans Breakfast Club:** 10am-12noon on Thursday 6 August at Eastergate Village Hall. Full breakfast just £5. More info via Nina.

- **Community Roast:** 12noon on Sunday 9 August at Eastergate Village Hall. Two courses for £13pp. Please book with Nina.

- **Quiz at Barnham Community Hall:** Friday 28 August. £5pp. Doors at 7pm. Book in advance—contact Ali for more info.

Please keep an eye out on the local noticeboards, our Facebook pages and our website for more information barnhamandeastergatecommunitytrust.com.

Our motto is 'Together We Are Stronger' and we look forward to seeing you very soon.

All the staff and volunteers at Barnham and Eastergate Community Trust

For enquiries and more information please contact Nina-Maria McMaster on 07849 356097 or email nina@eastergatehall.org.uk (based at Eastergate Village Hall) or Ali Tarbard/Sally-ann Barker on 07714 456482 or email: events@barnhamcommunityhall.org (based at Barnham Community Hall).

HIGH DAYS & HOLY DAYS

1 August – Ethelwold

St Ethelwold (c.912 - 84) did great things for the church at Winchester, which in those days was the principle town of Wessex. He began as a simple monk, eager to restore the Rule of Benedictine in England, a major reform for the church of the time. So, after serving at the abbey in Glastonbury, he was sent on to restore the old abbey at Abingdon. The king thought highly of him, and used him to teach his son, the future king, Edgar.

When in 963 Ethelwold became Bishop of Winchester, he replaced the cathedral canons with monks, thus founding the first monastic cathedral in the land. This was a uniquely English institution, which remained until the Reformation. The monastic reform quickly gained momentum: with the King's support, Ethelwold restored old monasteries such as Milton (Dorset), New Minster and Nunaminster in Winchester, while new

monasteries were founded and richly endowed at Peterborough (966), Ely (970) and Thorney (972).

Ethelwold was austere, able and dynamic. Under his leadership, the monks excelled at music, illumination and writing. When Ethelwold set the monks to work with the masons in the cathedral at Winchester, he built the most powerful organ of its time in England: it was played by two monks and had 400 pipes and 36 bellows. In music, Ethelwold's Winchester had the distinction of producing the first English polyphony in the Winchester Troper.

Ethelwold's monasteries also produced a surpassing new style of illumination, and his school of vernacular writing was the most important of its time: with accurate, linguistically significant translations. A major event of his episcopate was the consecration of Winchester Cathedral in 980.

11 August – John Henry Newman

John Henry Newman (1801 – 1890) was a highly influential 19th-century theologian, scholar and poet.

Born in London in 1801, the son of a banker, Newman had an evangelical conversion when he was just 15. He went on to Oxford in 1817, and in time became Fellow and then a tutor at Oriel College. Here he began the shift from evangelical Anglicanism to a more High Church understanding of the Christian faith. In 1826 he was ordained and became Vicar of St Mary's Oxford.

In the years that followed, Newman became a key leader in the Oxford Movement, whose aim was to renew the C of E by reviving ancient Catholic beliefs and traditions. He pioneered Tracts of the Times, writing three of the first four himself. He came to exalt the Church Fathers as on the same level as Scripture, believing that the Anglican Church

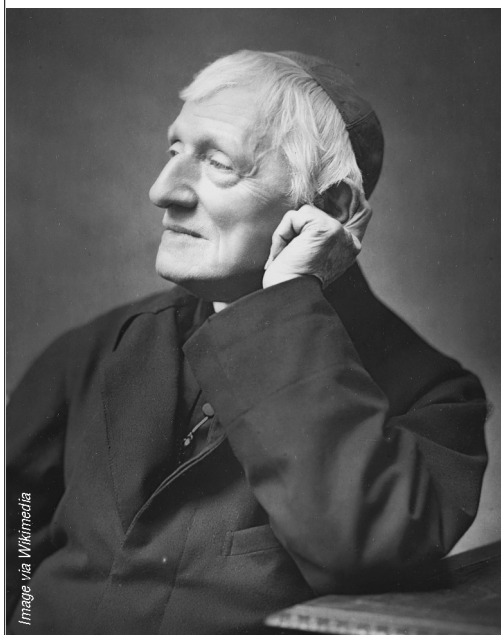


Image via Wikimedia

1887 photograph of John Henry Newman

was mistaken to insist on Scripture as the sole authority. Church and tradition, he felt, played an equal part.

Whereas other leaders of the Oxford Movement always remained Anglicans, by the time that Tract Ninety was published, Newman was losing faith in the C of E. In 1842 he retired from Oxford, left St Mary's in 1843.

In 1845 he was received into the Roman Catholic Church, and in Rome he was ordained priest and entered the Congregation of the Oratory. Returning to England, he established an Oratory near Birmingham and lived there most of the remainder of his life.

In 1854 he founded the Catholic University of Ireland (University College Dublin. In 1877 Pope Leo XIII made him a cardinal.

In addition to all this theological work, John Henry Newman loved poetry. He wrote many hymns, the most famous of which include: 'Firmly I Believe and Truly', 'Lead, Kindly Light' and 'Praise to the Holiest in the Height'. He also authored dozens of books. He died on 11th August 1890.

17 September – Hildegard of Bingen

If you want to make the most of every minute of your life, and to use your various talents to the utmost, then Hildegard is the saint for you.

Born as the tenth child into a nobleman's family in the Nahe valley of the Rhineland during the High Middle Ages, Hildegard stood out from others by the time she was eight. That was when she began to receive supernatural visions from God.

Understandably, her family felt that this sort of thing was beyond them, and so they entrusted her to a woman called Jutta, a female recluse with close ties to the benedictine monastery at Diessenberg. Seven years later, Hildegard became a nun of the

community around Jutta, and when Jutta died in 1136, Hildegard became the abbess.

But Hildegard was never going to be one of your quiet nuns tucked away somewhere. Instead, she was always 'out there', and bursting with vitality and energy. She wrote on a wide variety of subjects from theology to medicine, to nature. She composed hymns, chants and songs. And she corresponded with many people, including royalty.

Hildegard was a strong, outspoken woman who saw herself as standing in the biblical prophetic tradition, and as such she was fearless in castigating and reprimanding people whom she saw as needing to repent.

Her supernatural visions of God continued from 1141 to 1151, and with the approval of the Archbishop of Mainz, she recorded many of them. This collection was called Scivias, and it dealt with the nature of man of the Last Judgement. When the Pope also approved her visions and writings, Hildegard's fame spread.

In time, Hildegard's community grew so large that it moved to Rupertsberg near Bingen, from where she travelled throughout the Rhineland, speaking and teaching. Above all, Hildegard had a firm focus to her life: Jesus Christ and His redemptive death on the Cross. She was devoted to Him.



Hildegard of Bingen and her nuns

ALL IN THE MONTHS OF AUGUST AND SEPTEMBER

It was... 1,101 years ago, on 4 September 925 that England gained her first ever king. He was Aethelstan, King of the Anglo-Saxons (924-927) and then King of England (927-939). Aethelstan was grandson of Alfred the Great, and 30th great-grand uncle to Queen Elizabeth II.

250 years ago, on 2 August 1776 that the formal signing of the US Declaration of Independence took place.

201 years ago, on 27 September 1825 that the world's first public railway opened. It was the Stockton and Darlington Railway.

175 years ago, on 12 August 1851 that the American inventor Isaac Singer was granted a US Patent for his sewing machine. Since then, well over 100 million various models of Singer sewing machines have been sold worldwide.

151 years ago, on 3 September 1875 that Ferdinand Porsche, Austrian-born German automotive engineer was born. He designed the Volkswagen Beetle and Tiger tank, and founded the Porsche sports car company.

101 years ago, on 7 September 1925 that Laura Ashley was born. The Welsh designer and businesswoman was known for her traditional printed fabrics, soft furnishing and women's clothing. Co-founder (along with her husband) of the Laura Ashley textile company and chain of shops. (Died in 1985 when she fell downstairs, aged 60.)

125 years ago, on 4 August 1901 that Louis Armstrong, American jazz trumpeter and singer, was born.

100 years ago, on 17 August 1926 that George Melly, British jazz/blues singer, critic and writer on art history, especially Pop Art and Surrealism, was born.

91 years ago, on 15 September 1935 that the

Nuremberg Laws were passed in Germany. Jews were no longer classed as German citizens, and the Nazi flag was adopted as the national flag of Germany.

90 years ago, on 1 August 1936 that Yves Saint-Laurent, Algerian-born French fashion designer, was born. (Died 2008)

81 years ago, on 2 September 1945 that V-J Day (victory over Japan Day) took place. Representatives from Japan signed the formal instrument of surrender on board the US battleship USS Missouri in Tokyo Bay.

Also 81 years ago, on 19th Sept 1945 that the Nazi propaganda broadcaster William Joyce (Lord Haw-Haw) was sentenced to death by a British court after being convicted of treason. He was executed on 3 January 1946.

80 years ago, on 13 August 1946 that H G Wells, British science fiction novelist (War of the Worlds, The Time Machine, etc) died.

71 years ago, on 4 September 1955 that Kenneth Kendall became the first newsreader to appear on screen in the UK, reading the BBC Television News.

Also 71 years ago, on 21 September 1955 that Britain annexed Rockall, an uninhabited granite islet in the North Atlantic, to prevent the Soviet Union from placing surveillance equipment there to spy on Britain's secret nuclear missile tests.

Also 71 years ago, on 26 September 1955, that Bird's Eye frozen fish fingers went on sale in the UK.

70 years ago, on 27 August 1956 that Britain's first nuclear power station, Calder Hall in Cumbria, began operating. It was the first nuclear power station in the world to generate power on an industrial scale and formed part of the Sellafield complex.

65 years ago, on 13 August 1961 that East Germany sealed the border between East and West Berlin with barbed wire to prevent an exodus of refugees to the West. Construction

on the Berlin Wall began on 15 August. The border reopened in 1989.

60 years ago, on 1 August 1966 that the Cultural Revolution began in China. Intended to preserve China's Maoist Communist ideology, millions of people were persecuted or displaced. It ended after Mao Zedong's death in 1976.

Also 60 years ago, on 4 and 5 August 1966 that US newspapers and radio stations quoted John Lennon as saying his Beatles band was "more popular than Jesus." He provoked widespread protests, and many radio stations refused to play Beatles' records. Lennon apologised on 12th August, at the start of the Beatles final tour of the USA.

51 years ago, on 24 September 1975 that Dougal Haston and Doug Scott became the first Britons to reach the summit of Mount Everest. They were also the first climbers to conquer the south-west face.

40 years ago, on 31 August 1986 that Henry Moore, British sculptor, died. His monumental, semi-abstract bronze

sculptures are displayed in public spaces around the world.

30 years ago, on 23 August 1996 that Saudi Arabian-born terrorist Osama bin Laden issued a fatwa entitled A Declaration of War Against the Americans Occupying the Land of the Two Holy Places. Few knew who he was, and his declaration received little attention.

20 years ago, on 20 August 2006 that Joe Rosenthal, American photographer died. Best known for his iconic WW2 photograph Raising the Flag on Iwo Jima.

16 years ago, on 19 September 2010 that the Deepwater Horizon oil spill in the Gulf of Mexico was finally sealed after gushing oil for almost five months. It was the biggest marine oil spill in history. In 2016 BP agreed to pay fines of \$20.8bn – the largest corporate settlement in US history. BP also paid more than \$65bn in clean-up costs.

15 years ago, on 21 August 2011 that Hurricane Irene hit the Caribbean and then North Carolina. 49 people were killed and more than \$14bn worth of damage was done



Calder Hall nuclear power station soon after opening.

THE INFAMOUS BERLIN WALL

It was 65 years ago, on 13 August 1961 that East Germany first sealed the border between East and West Berlin with barbed wire. Construction on the Berlin Wall itself began two days later, on 15 August.

The Wall grew rapidly to become a 96-mile (155km) concrete barrier. It became the physical embodiment of the Iron Curtain for the next 28 years. It was built to stop the 'brain drain' of East German skilled professionals. From 1949 to 1961, more than two million had fled the East.

The Wall entirely surrounded West Berlin, stranding it as an isolated island of capitalism within communist East Germany.

It was actually two walls, separated by a heavily fortified 'death strip' 160 yards wide. It housed watchtowers, guard dog runs and anti-vehicle trenches.

The Wall was a surprise. East German residents woke up one morning to find barbed wire, armed guards and blocks on subways,

streets and train lines. The East German border guards had the 'Order to Shoot' – the legal authority to kill anyone attempting to cross. About 140 people died this way.

Yet still thousands escaped. More than 5,000, in fact. They fled by tunnelling, hot air balloons, ziplines, and ramming armoured vehicles through border gates.

When in June of 1963 US President John F Kennedy visited the Wall, he made the famous declaration "Ich bin ein Berliner" (I am a Berliner) to demonstrate American solidarity with West Germany.

The Wall was unexpectedly opened on 9 November 1989, due to an awkward, unscripted announcement by an East German official, who mistakenly told a press conference that private travel to West Germany was permitted immediately.

Following demolition, large chunks of the Wall were sold. Today, original segments are exhibited in over 100 locations worldwide, including the Imperial War Museum in London.

NATIONAL ALLOTMENT WEEK

10-16 August

If you like allotments, then this week is for you. It raises awareness of the very practical good that renting an allotment can do, in both providing space to grow your own food, but also in encouraging more connectedness with your immediate community.

This year the theme is 'Grow to Learn – Lifelong Lessons from the Allotment'. This highlights how time on the plot acts as a living classroom, teaching vital life skills such as resilience, patience, and creative problem-solving.

The National Allotment Society began in 1901, with the formation of the Agricultural Organisation Society. It grew rapidly, until by

the time of WW2, from 1939 to 1945 there were 1.4 million plots supporting the 'Dig for Victory' campaign.

Nowadays there are about 330,000 allotment plots across the UK, managed by hundreds of different local councils and independent societies. The average rent is about £45 a year for a standard 5-pole plot (125 sq. metres).

If you want an allotment, you will have to wait. Demand for plots is currently at an all-time high, making the average wait 37 months. London is averaging 69 months, while in Islington, some people have been on the list for more than a decade.

The best crops for first-time allotmenters? You might want to try potatoes, onions, garlic, runner beans, courgettes, carrots, salad leaves, beetroot or strawberries.

OUR CATHEDRALS

Let's not take our cathedrals for granted.

US Vice-President JD Vance may have criticised an art installation at Canterbury Cathedral – but a new report shows that the Church of England's cathedrals are its most popular places of worship.

They are also vital centres of community, arts and music and are major tourist attractions.

But the latest research shows that many of the historic buildings are facing major financial challenges.

Religion think-tank Theos has published a detailed report looking at the role of cathedrals in modern England. The report, 'Living Stones: English Cathedrals as Sacred Spaces in Changing Times,' revealed that more than three-quarters (77 per cent) of adults in England had visited a cathedral at least once in the past three years.

The research showed that "Cathedrals reach beyond regular churchgoers. A majority of those with no religious affiliation have visited a cathedral in the last three years, and many enjoy worship, music, prayer or stillness while doing so."

Other research confirms that cathedrals have significant economic benefits, generating around £235 million of additional expenditure in their local communities a year, creating more than 6,000 jobs and mobilising 13,000 volunteers.

Yet the Theos research also points out that four out of five of the cathedrals operate 'in structural deficit' with no guaranteed national funding for their core functions.

In recent years, cathedrals have attracted criticism for activities aimed at drawing new visitors into their buildings. Last autumn, JD Vance criticised an art installation at Canterbury Cathedral, saying that the graffiti-

style artworks had made "a beautiful historical building really ugly."

Other cathedrals have prompted complaints after installing a temporary fairground 'helter-skelter' inside the building or hosting silent discos.

Research from the Bible Society has shown that one of the top three places for people with no religion, or non-practising Christians to encounter the Bible was while sightseeing in a cathedral or church.

But one of the Theos report's main findings highlights the growing gap "between the scale of public benefit cathedrals provide and the level of recognition, understanding and support they receive."

The report concludes that, to survive and thrive, cathedrals need sustainable investment from funders that recognise the cathedrals' public benefits.

It also encourages visitors and local community members to consider joining a 'friends' scheme or making a regular donation.

Please do therefore think about this when visiting our or any cathedral this summer.



Canterbury Cathedral

OUR COMMUNITY

Clubs, events and meetings, walks, talks and fun...



Nina's Friendly Coffee
 Morning 

Every Tuesday 10:30-12
At Eastergate Village Hall

All welcome from babies to golden oldies.
Come for a coffee, cakes, scones,
company, and a chance to make new
friends!
Even well-behaved dogs are welcome!
Contact Nina on 07849 356097 for more
information or just come along!

EASTERGATE VILLAGE HALL
FUN QUIZ NIGHT
 With quizmaster
 Martin McMaster

Friday,
18th September
 Doors open 6:30pm

£5
 per person
 (teams of up to
 6 members)

Licensed bar, pizza and raffle
 Prizes for the winning team!

Booking in advance essential
 to avoid disappointment.
 contact Nina on 07849 356097
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 Would you like a friendly visitor?

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 07925 217843



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 Your local good neighbour scheme
 Charity Number 1098086

Barnham and Eastergate
Community Trust

COMMUNITY SUMMER SUNDAY LUNCH

AT EASTERGATE VILLAGE HALL



Sunday 9th August
Arrival time 12pm

*Lunch and pudding in a lovely ventilated building
Kindly supported by Westergate House Barchester
Vegetarian option available
Friendly and welcoming atmosphere*

£13.00 PER PERSON

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Barnham Community Hall

Autumn Wedding Fair

including pre-loved market



Sunday 11th October
10am-2pm

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1st Thursday (of the month) 1000hrs - 1200hrs

MEETING LOCATION
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West Sussex
PO20 3RP

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(<https://www.facebook.com/EastergateVillageHall>)

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A Bite to Eat (A Parish Lunch)

Every third Thursday,
(except July & August)

12.30 - 2pm

at Eastergate Village Hall

A simple lunch of homemade soup, rolls and
cheese, tea / coffee and biscuits

All ages welcome

Just turn up!

Raffle

Quiz

Lifts available

For more information please contact the
Parish Office on 01243 553955



SUMMER ROAST LUNCH AT EASTERGATE VILLAGE HALL
SUNDAY 9TH AUGUST – 12PM ARRIVAL

Main Course

Roast chicken breast glazed with honey, lime, rosemary and mustard, roast
new potatoes on herby mixed leaf salad.

Vegetarian alternative (pre ordered)

Sitan steak, glazed with honey, lime, rosemary and mustard, roast new potato
on herby mixed leaf salad with honey mustard dressing.

Pudding

Mixed berry Eton mess

£13pp to paid at the time of booking, please contact Nina on 07849 356097 or
email nina@eastergatehall.org.uk



Aldingbourne Parish Council
invites you to take part in one of
their annual

BAT WALKS

on

3 and 4 September at 6.45pm starting
at St Mary's Church Aldingbourne

Come and discover the many species of
bat that live in our parish!

Please go to www.aldingbourne-pc.gov.uk/batwalks for more info.

Places limited to 25 per walk.

Booking opens Monday 3 August

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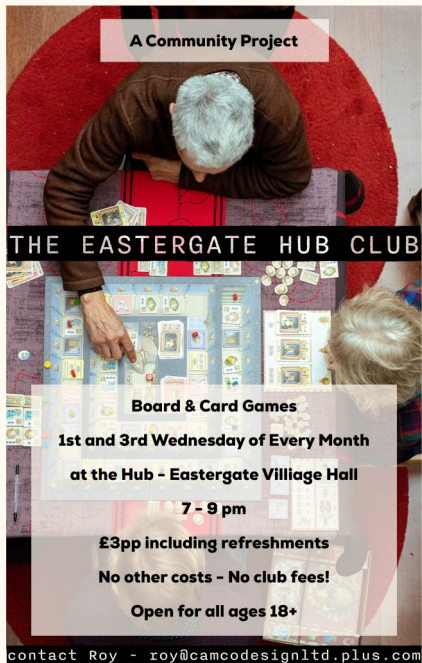


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When all places are filled, membership closes.

Stronger Together

Thank you for supporting our community!

A Community Project



THE EASTERGATE HUB CLUB

Board & Card Games

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7 - 9 pm

£3pp including refreshments
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contact Roy - roy@camcodesignltd.plus.com

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WEDNESDAY	TWICE MONTHLY	BARNHAM, YAPTON, MIDDLETON-ON-SEA, FELPHAM, ALDINGBOURNE, EASTERGATE, WESTERGATE	SOCIAL TRIPS / VARIOUS DESTINATIONS	PM
THURSDAY	EVERY WEEK	BARNHAM, YAPTON, MIDDLETON-ON-SEA, FELPHAM	BOGNOR REGIS / TOWN CENTRE SHOPPING	AM
THURSDAY	EVERY WEEK	WALBERTON, FONTWELL	SOCIAL TRIPS / VARIOUS DESTINATIONS	PM
FRIDAY	EVERY WEEK	ALDINGBOURNE, EASTERGATE, WESTERGATE	BOGNOR REGIS / TOWN CENTRE SHOPPING	AM
FRIDAY	ONCE MONTHLY	BARNHAM, YAPTON, MIDDLETON-ON-SEA, FELPHAM	CHICHESTER / TOWN CENTRE SHOPPING	PM

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3

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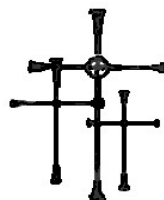
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Local contact no 07540 181424

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