

This week's services

Sunday 19	Trinity 7/16th Sunday	
8.30am	Holy Communion (BCP)	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
9.45am	Sunday Seekers	Eastergate Sch
10am	Parish Communion	Aldingbourne
10am	Family Communion	Eastergate
11.15am	Sung Mass	Barnham
6pm	Evensong (BCP)	Barnham
Tues 21	<i>Feria</i>	
6.30pm	Said Mass	Barnham
Wed 22	<i>S Mary Magdalene</i>	
10am	Holy Communion	Eastergate
Sunday 26	Trinity 8/17th Sunday	
8.30am	Holy Communion (BCP)	Eastergate
9am	Mattins (BCP)	Barnham
9.30am	Said Mass (BCP)	Barnham
10am	Parish Communion	Aldingbourne
10am	Family Communion	Eastergate
11.15am	Sung Mass	Barnham
6pm	Evensong (BCP)	Barnham

NEXT SUNDAY'S READINGS

ALDINGBOURNE & EASTERGATE (Trinity 8)

I Kings 3:512, Ps 119, Rom 8:26-39, Mt 13:31-33,44-52

BARNHAM (Trinity 8/Week 17)

I Kings 3:5,7-12, Ps 119, Rom 8:28-30, Mt 13:44-52

Sunday Seekers meets today for the last time and then takes a summer break until September.

Play & Pray is now on a summer break and resumes again in September.

St Mary's Aldingbourne - For more information contact Sarah Nichol on 07530 836172 or email sarahnicholpabe@gmail.com

St Mary's Barnham - Please contact Bradley on 07931 527724 or bradley.smith4@gmail.com for further details of services.

St George's Eastergate - Please contact Colin on 07748 776253 or email cvmactl@outlook.com for more information, if needed.



ABE CONTACT

19 July 2026
Trinity 7

WELCOME to church today especially if this is the first time you have been with us. Please make yourself known to our wardens and stay for refreshments at the end.

JAR OF COMPASSION 2026 Our partner for the jars this year is St Wilfrid's Hospice. Have you found your jar? The total amount so far is £774.21

FOODBANK collection points for the Bognor Foodbank at Tesco Express, Co-op and the Trading Post in Barnham. Alternatively you can order online at givetoday.co.uk/bognorfoodbank. The 5 items that they need currently are tinned vegetables, UHT fruit juice, UHT milk, toilet rolls and biscuits or look at their website.

GARDEN AFTERNOON 'Come and enjoy a Garden Afternoon at Chases, Level Mare Lane this afternoon from 2 pm to 5 pm. Tea and cake available. £5 donation for Parish of ABE would be appreciated! There is a luxury hamper to be raffled as well.

The Parish Office (Website: www.parishofabe.org.uk)
The Church in the Market Place, 35 Barnham Road, Barnham.
PO22 0ER. 01243-553955

For Parish Office opening times email the Office:
parishofabe@btinternet.com

Contact deadline - 12 noon on Wednesdays

Clergy contact:

Rector - Revd Canon Paul Armstead : 551566
(paularmstead@btinternet.com) (Rest day - Monday)
For colleagues please see the Parish News

You can donate to our ministry and mission by

- **Joining the Parish Giving Scheme (PGS)** details in each church or contact Chris Wells, Treasurer,
- **By card at the entrance to each church** by Goodbox (contactless) donations.
- **By cash in the Offertory plate during the service**

The Parish of ABE has to raise £2,200 (approx.) per week to meet the costs of ministry and mission and is grateful to everyone who works towards this. Please be generous.